



# Listening With Your Heart: Lessons from Native America

*WAYNE PEATE*

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## Listening With Your Heart: Lessons from Native America WAYNE PEATE

The spirit runs through the body, says Dr. Peate, a practicing physician who draws on his Iroquois heritage as well as his Western medical training. Listening with Your Heart is a beautifully illustrated gift book offering a rich gathering of time-honored sayings, sacred words, and practical suggestions to improve your health. Listen - with your heart - to the words of these wise men and women.

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