



Psychiatry Practice Boosters 2016: Insights from Research to Enhance Your Clinical Work

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Clinicians need to keep up on the latest developments in psychiatry. But mental health professionals are only human, they can't possibly read every potentially relevant research study that is published in a given year. Knowing that, at Carlat Publishing we sift through the contents of psychiatric journals to identify the most interesting studies, and then we read them. Only some of them meet our criteria of being of wide relevance for clinical practice (not too obscure), and also having something to conclude that might actually affect our practice decisions.

We publish these research updates in a one-page section of our three newsletters. Those updates are compiled in this volume. Dr. Daniel Carlat wanted to make sure readers understand something about how research studies are designed and how you can decide whether to trust the results or not. He wrote a "Quick primer on Study Design and Statistics." Finally, he also wrote 50 multiple choice questions so clinicians can assess their understanding of these study results and earn CME credits.

Does light therapy work for non-seasonal depression?

Should you heed the FDA recommendation to use no more than 40 mg of citalopram for your patients?

Is regular cannabis use really bad for teenagers?

Does antidepressant use in pregnancy increase the risk of autism?

What's a promising new treatment for clozapine induced drooling?

Does heavy drinking really imply a drinking problem?

Do e-cigarettes help smokers quit?

Does Straterra increase suicide risk?

Can pets be good for your patient's mental health?

And the list goes on.

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From reader reviews:

Micheal Summers:

Hey guys, do you desire to find a new book to learn? Maybe the book with the headline Psychiatry Practice Boosters 2016: Insights from Research to Enhance Your Clinical Work suitable to you? The particular book was written by well-known writer in this era. The particular book entitled Psychiatry Practice Boosters 2016: Insights from Research to Enhance Your Clinical Work is the one of several books this everyone read now. This particular book was inspired a number of people in the world. When you read this reserve you will enter the new dimensions that you ever know before. The author explained their strategy in the simple way, therefore all of people can easily to comprehend the core of this publication. This book will give you a lot of information about this world now. So you can see the represented of the world within this book.

Diego Mears:

Reading a guide can be one of a lot of pastime that everyone in the world adores. Do you like reading book thus. There are a lot of reasons why people fantastic. First reading a book will give you a lot of new facts. When you read a publication you will get new information mainly because book is one of numerous ways to share the information or even their idea. Second, examining a book will make an individual more imaginative. When you examining a book especially fictional works book the author will bring someone to imagine the story how the people do it anything. Third, you could share your knowledge to some others. When you read this Psychiatry Practice Boosters 2016: Insights from Research to Enhance Your Clinical Work, you are able to tell your family, friends and soon about your reserve. Your knowledge can inspire average, make them reading a publication.

Joseph Mack:

Playing with family in a very park, coming to see the water world or hanging out with good friends is thing that usually you will have done when you have spare time, in that case why you don't try factor that really opposite from that. A single activity that make you not experience tired but still relaxing, thrilling like on roller coaster you already been ride on and with addition info. Even you love Psychiatry Practice Boosters 2016: Insights from Research to Enhance Your Clinical Work, you can enjoy both. It is very good combination right, you still desire to miss it? What kind of hangout type is it? Oh can occur its mind hangout men. What? Still don't have it, oh come on its referred to as reading friends.

Nancy Williams:

Is it a person who having spare time and then spend it whole day by watching television programs or just lying on the bed? Do you need something new? This Psychiatry Practice Boosters 2016: Insights from Research to Enhance Your Clinical Work can be the response, oh how comes? The new book you know. You are thus out of date, spending your spare time by reading in this fresh era is common not a nerd activity.

So what these books have than the others?

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