



# Crystals for Positive Manifestation: A Practical Sourcebook of 100 Crystals

*Sarah Bartlett*

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**Crystals for Positive Manifestation: A Practical Sourcebook of 100 Crystals Sarah Bartlett**

**Learn how to use crystals to get what you want out of life!**

This comprehensive sourcebook of 100 essential crystals for manifestation is both a practical handbook packed with advice and a fascinating sourcebook about each stone and its spiritual qualities. Offering detailed information about each crystal's attributes, power, and divination strengths, this book is the only book which specifically addresses the manifestation power of crystals and how to help then guide you to get what you want out of life. For thousands of years, crystals have been used for manifestation, divination, and empowerment, and to guide users in their quests for fulfillment. The ancient Taoists believed sacred stones vibrated with ch'i or universal energy; the Greeks and Romans believed they embodied the gods and the planets while indigenous peoples believed they were alive with spirit and knowledge. *Crystals for Positive Manifestation* includes introductory chapters on what crystals are, both from their scientific legacy and their magical one, caring for and choosing crystals, the importance of chakras and color, plus background on why these particular stones have been used for centuries to help us get what we want out of life. There is also a practical chapter about working with these stones specifically chosen for manifestation. The alphabetical sourcebook section that follows provides information about the uses and benefits for each crystal listed.

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