



Our Voices: First-Person Accounts of Schizophrenia

Michael Dunn, Colette Corr, Pickens Miller, Claudia Moon, Manisha Kapil

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Can you imagine giving voice to your greatest fears? Can you imagine wondering if what you know is true? Can you imagine being told you have schizophrenia? Who would you talk to? What would you do? We have experienced these very things. We are people who live every day with schizophrenia, and we want to share our stories. Our Voices tells you what it's like to be diagnosed with a major mental illness, to live with symptoms, and to navigate the mental health system. We created this book to share our personal perspectives and to illuminate the shared perceptions, experiences and challenges people with schizophrenia face. Colette, Manisha, Michael, Claudia and Pickens, the masterminds and architects of Our Voices, are writers, painters, poets, swimmers, activists, volunteers, readers, friends, and family members. Here they share their voices and those of 20 others, to illustrate the daily experience of schizophrenia.

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James Shafer:

Why? Because this Our Voices: First-Person Accounts of Schizophrenia is an unordinary book that the inside of the reserve waiting for you to snap the item but latter it will surprise you with the secret this inside. Reading this book alongside it was fantastic author who else write the book in such incredible way makes the content within easier to understand, entertaining method but still convey the meaning thoroughly. So , it is good for you for not hesitating having this nowadays or you going to regret it. This unique book will give you a lot of positive aspects than the other book have got such as help improving your skill and your critical thinking method. So , still want to hesitate having that book? If I had been you I will go to the e-book store hurriedly.

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Shaun Richards:

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