

Vegan Slow Cooker Recipes: 125 Quick and Easy Vegan Slow Cooker Recipes that Taste Delicious

Jennifer Ellis



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If you are tired of spending hours on Vegan food prep, then you'll love Jennifer Ellis's Vegan Slow Cooker Recipes. Choosing to live the Vegan lifestyle is not just a trend. It's an important choice than many people make for a variety of reasons including weight loss, increased energy, clear skin, disease prevention and better health. Whether you're only on a Vegan diet or a full lifestyle Vegan that refrains from using animal products in cosmetics and clothing, you'll undoubtedly have to make some sacrifices along the way. Yet you can still eat tasty and nutritious Vegan meals with minimal effort using your slow cooker. In Vegan Slow Cooker Recipes, you'll find 125 delicious recipes including appetizers, breads, breakfasts, beverages, soups, stews, main dishes, side dishes, desserts, sauces and spreads. If you want a shortcut to great tasting Vegan meals, use this book as your guide for new and exciting Vegan slow cooker recipes that are quick and easy to prepare.

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