



# **If in Doubt, Breathe Out!: Breathing and Support for Singing Based on the Accent Method**

*Ron Morris, Linda Hutchison*

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Breathing and support are considered cornerstones of a secure vocal technique for classical singing. No area of vocal pedagogy has been more controversial and, despite recent advances in the understanding of how the respiratory system functions, both in speech and song, some breath management strategies for singing continue to be at odds with scientific fact. Furthermore, many singers find the development of these skills a challenge.

In this practical, and concise book, Ron Morris, speech pathologist and singer, and Linda Hutchison, singer and singing teacher, introduce Accent Method breathing - a technique that is well grounded in science, as it is based on the structure and function of the respiratory system - and demonstrate with exercises, how it helps develop effective breathing and support in singers. The science and theory is presented in a language that singers and their teachers will easily understand, and the book is written in a style that is both engaging and entertaining.

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