

Senior Tennis: Strokes, Strategies, Rules and Remedies

mr. George Wachtel



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A great How-To book on playing the game of tennis, with information about all the strokes, match strategy, rules of the game, and staying healthy -- with a foreword by Australian tennis legend Roy Emerson: "Apart from having instant appeal to tennis lovers everywhere, the knowledge in this book will provide invaluable information to all who read it." "There's tons to read here that will benefit players of all shapes and sizes." Joel Drucker, Tennis Historian/Story Editor for Tennis Channel "This book has practical tips for seniors to overcome their physical limitations and offer us the freedom to enjoy this marvelous sport for years to come." Fred Drilling, USPTA, World Singles Winner '07, Doubles '09 "The game of tennis is a lifetime activity. This is a great read for the young and those who wish to stay young!" Chuck Kinyon, Dartmouth College Tennis Coach Emeritus

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