



Gluten-Free Slow Cooker Cookbook: 40 Healthy Crock Pot Recipes to Reduce Gluten Intolerance Symptoms (Gluten-Free, Gluten-Free Diet, Gluten-Free Recipes) (Volume 6)

Kira Novac

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Irresistibly Good & Super Easy 100% Gluten-Free Slow Cooker Recipes to Save Your Time & Get Healthy!

Every year more and more people switch to the gluten-free diet. While many people do so simply as a matter of preference, there are those for whom it is a medical necessity. Gluten sensitivities and intolerances are becoming increasingly more common, as is Celiac disease – this is an autoimmune disease triggered by the consumption of gluten.

No matter what your reasoning for switching to the gluten-free diet, you will be glad to know that making the switch won't require you to completely give up all of your favorite foods. In this book you will find a collection of delicious gluten-free recipes such as breakfast casseroles, soups, stews, main entrees, snacks, and desserts.

You Will Enjoy Healthy & Tasty Gluten-Free Recipes That Are Ridiculously Easy to Make!

All of the recipes in this book are completely gluten-free and many of them are compatibility with other diets like the Paleo diet as well as the vegan and vegetarian diets. As an added bonus, they are all incredibly easy to prepare because they are designed for the slow cooker!

Here's What's Included in This Book:

PART 4: Gluten-Free Slow Cooker Snacks and Desserts

What are you waiting for?

Start feeding your body with healthy, nutrient-rich meals that are simply delicious and easy to prepare! You don't need to slave away in the kitchen for hours to give yourself the nutrition you deserve! Learn how to simplify your pursuit of health and start losing weight with amazing slow cooking recipes!

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