



The Golden Way: Why Following the Golden Rule Makes Us Happy, Peaceful, and, Surprisingly, More Productive

Jonathan Morris

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The *New York Times* bestselling author of *The Way of Serenity* and Fox News analyst lays out the enduring wisdom and practicality of Jesus' invitation to treat others as we would like to be treated.

"Do unto others as you would have them do to you."

As children, we are taught the Golden Rule, a simple yet timeless moral lesson that reminds us of our responsibility to others and to ourselves. Yet too many of us have forgotten its message. Harried, tired, stressed, we lash out at perceived grievances, injustices, and slights, forgetting to treat others with the consideration and respect we seek ourselves.

In this thoughtful, positive, and loving book that speaks to our times, *New York Times* bestselling author and Fox News contributor Father Jonathan Morris offers meditations that encourage us to make the Golden Rule central to our daily lives. As he did for the Serenity Prayer in *The Way of Serenity*, Father Morris now does for this ethical rubric, revealing the power this simple wisdom holds to transform our lives and our world.

Morris examines the Golden Rule through a contemporary lens to provide a modern re-reading of this classic ethical lesson and its relevance today. One of the most trusted Catholic voices, he encourages readers to incorporate the substantial contributions Jesus made to the maxim to help them center their lives and spiritual practice around kindness, compassion, and patience—virtues that can make us happier and ultimately more productive in our lives.

Nurturing and uplifting, *The Golden Rule* reminds us that we are each but one of all God's children in the world—unique beings intrinsically connected to each other, and the entirety of humanity.

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