



Winning More Than the Game

Fred Northup

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The vast majority of parents and coaches deeply desire rich and rewarding life experiences for their children and youth when they endeavor to participate in sports. They want kids to experience both winning and losing, the satisfaction of sacrifice and hard work necessary to achieve a goal, grace when things don't go your way, and the sense of belonging that comes when you are part of a team. But we have all heard of the stories of parents, athletes and coaches who have fallen short. Bad behavior on the field, shortcuts to increased strength and lapses in morality are all too common fodder for the nightly news. **Winning More Than The Game** provides a playbook through **The Code for Living**, a series of eight tenets that guides athletes in maintaining a high standard of character and behavior in all aspects of their lives. **The Code for Living** challenges each person to take responsibility as an individual, as a member of a team, and as a member of society. The audience for the book is as broad and deep as the influence of sports is in the world today. The organization behind this book is **Athletes for a Better World**, the nonprofit responsible for awarding the annual **Coach Wooden Citizenship Cup**. Past winners include **Tim Tebow**, **Peyton Manning**, **Mia Hamm**, and **Pat Summitt**.

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