



# Evidence-Based Practice in Nursing & Healthcare: A Guide to Best Practice

*Bernadette Mazurek Melnyk, Ellen Fineout-Overholt*

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Thoroughly updated and now in full color, the Second Edition of this best-selling book is a user-friendly guide to implementing evidence-based practice in nursing and healthcare. "Real-life" examples assist readers in actualizing important concepts and overcoming barriers to implementation of evidence-based care.

This edition contains a new chapter on implementing evidence in clinical settings and emphasizes all the steps needed in making evidence-based practice part of a sustainable healthcare culture. Web alerts direct readers to Internet resources to further develop evidence-based practice knowledge and skills.

A bound-in CD-ROM contains checklists and other guides to aid readers in formulating clinical questions and appraising various types of quantitative and qualitative evidence.

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