



# Life, Sex, And the Pursuit of Happiness

*Fred Klein*

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# Life, Sex, And the Pursuit of Happiness

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## **Life, Sex, And the Pursuit of Happiness** Fred Klein

This book presents a psychologically engrossing novel that delves into the hidden lives of a psychiatrist and his bisexual patient. Author Fritz Klein has decades of experience as a practicing psychiatrist and is recognized as one of the world's leading authorities on bisexuality. He brings his experience to bear as no lay author could in "Life, Sex and the Pursuit of Happiness", creating a remarkably detailed psychological portrait of both therapist and client that will captivate and enlighten anyone who has sat in a therapist's office - on either side of the desk. In the character of Randy Gold, Klein gives us a man who harbours no malice but is saddled with an insatiable need for sex - a constant craving that causes him great frustration and endangers his marriage, his health and his work. Klein gently brings us deep inside this complex character to discover his motivations, his emotions, and the process by which he makes decisions that may change the course of his life. Paul Manes is a hypnotherapist, though it wasn't his dream to become one. His life has been turned inside out by a 180-degree career change, by unexpected fatherhood and by the sudden illness and death of his young wife. His own sex life, however, is less than satisfying. When Paul begins therapy with Randy, whose problem is that he is constantly aroused, he learns more than he thought possible about the nature of desire. And when Randy mentions having slept with a woman who is a figure from Paul's distant past, a new dimension is added to the relationship between the two men.

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