



Aquafaba: Sweet and Savory Vegan Recipes Made Egg-Free with the Magic of Bean Water

Zsu Dever

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The bean liquid we used to throw away turns out to be one of the most astonishing culinary discoveries of the decade. With its amazing egg-replacement abilities, miraculous "aquafaba" can be used as an egg-replacer to make everything from French toast to lemon meringue pie. Aquafaba can be used as a binder in both sweet and savory recipes and is a boon to vegans, people with egg allergies, as well as anyone interested in innovative cooking with a magical new ingredient.

Aquafaba includes the story of how the bean liquid properties were discovered, how to use it, and how to make fabulous recipes, including:

- waffles
- crepes
- quiche
- burgers
- macarons
- marshmallows

Aquafaba can even be used to make dairy-free cheese, ice cream, butter, and so much more. The book also includes a chapter filled with recipes that use the chickpeas and beans that remain after using their liquid to make aquafaba.

The latest title by San-Diego-based author Zsu Dever (author of *Vegan Bowls* and *Everyday Vegan Eats*), *Aquafaba* features Zsu's signature photography, her easy-to-follow instructions, and metric conversion charts.

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