



# Adrenaline Dominance: A Revolutionary Approach to Wellness

*Michael E. Platt*

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## **Adrenaline Dominance: A Revolutionary Approach to Wellness** Michael E. Platt

Adrenaline is a powerful hormone whose effects have been virtually ignored by the medical community. "Adrenaline Dominance" explains how this hormone might be a major underlying cause of many conditions currently considered incurable. This book explains why people produce this "fight-or-flight" hormone even when they are not facing danger. It presents a natural protocol for rapidly reducing excess adrenaline. In most cases, this protocol allows patients to reassess their need for taking prescription medications, which treat symptoms rather than address the root cause of their conditions.

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