



Adult Coloring Journal: Co-Dependents Anonymous (Butterfly Illustrations, Turquoise Stripes)

Courtney Wegner

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Clinical Therapist, Courtney Wegner has carefully selected the illustrations and 12 Steps prompts in this interactive adult coloring journal for their meditative power to enhance the recovery of anyone engaged in a 12 Step program and to aid in their journey of self-discovery and an addiction free path to happiness. The 12 Step prompts contained here are an excellent tool and aid for anyone taking the 12 Steps. Features include:

- 80 lightly-lined writing pages provide plenty room to capture your thoughts
- 40 expression pages for jotting down personal reflections, quotes, poems or sketches
- 40 professionally illustrated adult coloring images of varying difficulty
- High quality 70# paper

Each topic is available in different coloring image themes and a wide array of beautiful covers.

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Homer Simon:

Spent a free time to be fun activity to accomplish! A lot of people spent their sparetime with their family, or their friends. Usually they doing activity like watching television, about to beach, or picnic from the park. They actually doing ditto every week. Do you feel it? Would you like to something different to fill your personal free time/ holiday? Could possibly be reading a book can be option to fill your cost-free time/ holiday. The first thing that you ask may be what kinds of book that you should read. If you want to consider look for book, may be the guide untitled Adult Coloring Journal: Co-Dependents Anonymous (Butterfly Illustrations, Turquoise Stripes) can be very good book to read. May be it might be best activity to you.

Rhonda Silva:

The reason? Because this Adult Coloring Journal: Co-Dependents Anonymous (Butterfly Illustrations, Turquoise Stripes) is an unordinary book that the inside of the reserve waiting for you to snap it but latter it will jolt you with the secret that inside. Reading this book next to it was fantastic author who have write the book in such awesome way makes the content on the inside easier to understand, entertaining technique but still convey the meaning completely. So , it is good for you because of not hesitating having this nowadays or you going to regret it. This unique book will give you a lot of rewards than the other book get such as help improving your skill and your critical thinking method. So , still want to hesitate having that book? If I ended

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