



Endometriosis (Penguin health care & fitness)

Suzie Hayman

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Many women in the years between their teens and their mid-forties are afflicted by endometriosis, a condition in which tissue that is normally found lining the womb grows outside the uterus. This book is a practical guide for the many women who suffer from this disease. The author outlines what the disease is, why it occurs, the symptoms and their effects, how the problem can be diagnosed and the treatments available. She discusses the likely effects on women's fertility, and presents case histories with women's own stories of how they cope with this debilitating problem.

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