



Focus on What Matters

Coach Pia Acevedo

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Many of our experiences are compounded and complicated by the challenges of our fast-paced modern world which can tempt us to compromise what we value most. Have your challenges overwhelmed you with anger, fear, and doubt such that you have somewhat lost your confidence? Is your drive and determination not enough? Do you find yourself focused on the trivial and invaluable, rather than focused on what matters? If you are dealing with personal or professional stress and confusion, this book and companion journal presents the Clarity Framework—a structured model to clarify, simplify and help transform your life. Focus on What Matters presents a new paradigm to see each life experience from an analytical perspective—as Simple Life Data. It is a practical guide to maximize your time so you can do more and be more. Life is too short. Focus on What Matters.

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