



Spiritual Intelligence and The Neuroplastic Brain: A Contextual Interpretation of Modern History: Insights for Balancing and Rewiring the Postmodern Brain

Charles W Mark PH.D

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This is the age of digital technology, information revolution and the world of globalization. Our brains are getting wired differently in cyberspace and the global village. There is a "Second Copernican Revolution" taking place inside our brains whether or not we are aware of it. We are already living in what Richard Restack calls the "Neurosociety" and Ray Kurzweil, the futurist, is predicting that by 2045 human beings will be living in the age of "singularity" when non biological machines invented by human brains and human ingenuity are going to outsmart human intelligence billions of times. What is going to be the fate of human spirit, human spirituality, the feeling of connection to a force and power that is greater than us (God), and our ability to use spiritual imagination and intelligence? Are we progressively moving in the direction of becoming "cybo-organic" beings having "no corporeal existence with bodies that will not eventually wrinkle, breakdown or die." How about some of us protecting our basic humanity and live like the way humans have lived for thousands of years with feelings, emotions, love, friendship, fun, pleasure, sex, marriage, family, children, music, singing, worship, praise and prayer. In his new book, "Spiritual Intelligence and The Neuroplastic Brain," Charles Mark takes the reader on a journey through modern history and shows the glimpse of what is to come. Gain insights into how the modern brain has achieved the level of sophistication through evolutionary and revolutionary changes, especially after the invention of printing press in A.D. 1450. Discover if the spiritual journey of monotheistic religions: Judaism, Christianity and Islam is predominantly the left brain journey and the spiritual journey of eastern religions like Hinduism, Jainism, Buddhism and Sikhism predominantly the right brain journey. Learn how the left brain that houses the calling cards of rationality: Language, reading, writing and arithmetic for more than ninety-five percent of people on earth is adapting to the world of digital technology, information revolution and globalization. Find if you are a "digital native" or "digital immigrant" and ways you could go about becoming a balanced person. Discover why the postmodern brain is less interested in the "Religion of Place" and the "Religion of Text" while this brain is intensely longing for spirituality. Acquire spiritual tools and techniques for tuning, balancing and rewiring the postmodern brain for optimal health, to experience shanthi (peace), shalom (harmony) and satori (tranquility).

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