



The Progressions of Classical Ballet Technique

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The Progressions of Classical Ballet Technique is intended for a higher level of student altogether and, in fact, should only be used by the more advanced student. This book picks up where The Foundations of Classical Ballet Technique left off, so where, for example, you would find a single pirouette in the first book, this develops into a double pirouette, an embellished pirouette, or a more complex turn like fouette rond de jambe en tournant. Students now start to learn all the glorious, fun steps - this is really dancing: sauts de basque, gargouillades, temps de poisson, renverses, flic-flacs, etc. All of these steps are taken to pieces and dissected so that the students know precisely what they are trying to achieve. Once the technique has been mastered, the students will begin to find their own way of "feeling" the steps through the movement and the music. As Tamara Karsavina once said, "Remember that the mechanism of the dance becomes artistry only when it is inspired by feeling". The Progressions of Classical Ballet Technique is an important, invaluable book that will help and inspire every advanced teacher, examiner and student. It is a perfect companion to The Foundations of Classical Ballet Technique.

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