

# Beyond Cannabis: Halt Autoimmune, Metabolic and Neurodegenerative Disease With Common Terpenes, Polyphenols and Dietary Cannabinoids

Anne Angelone



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Beyond Cannabis explores the synergistic use and potential health benefits of plant compounds, including polyphenols, terpenes, and dietary cannabinoids, other than the cannabis plant. Combining terpenes, polyphenols, and dietary cannabinoids (not from cannabis sativa) provides a super additive antiinflammatory effect that we can apply use to combat autoimmune, metabolic, neurodegenerative, and other inflammatory diseases.

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