



Cholesterol Protection for Life

Joel Fuhrman

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There is irrefutable evidence that high cholesterol levels are associated with increased risk of coronary artery disease and a resultant heart attack. Cholesterol Protection For Life explains my nutritional approach to heart disease and cholesterol lowering. It describes the safest and most potent natural cholesterol-lowering agents that can be used in conjunction with my dietary approach to assure that dramatic cholesterol lowering can occur without the risks of taking drugs. Also try some of the new menu plans recipes.

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Christina Love:

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Louise Rosenbaum:

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