



Righteous Porkchop: Finding a Life and Good Food Beyond Factory Farms

Nicolette Hahn Niman

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“*Righteous Porkchop* is a searing, and utterly convincing, indictment of modern meat production. The book also brims with hope and charts a practical (and even beautiful) path out of the jungle.”

—Michael Pollan, author of *Omnivore's Dilemma* and *In Defense of Food*

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“[A] necessary book—part memoir, part exposé...its reasoned case for healthy and humane farming practices has the sweet savor of truth.”

—*O The Oprah Magazine*

A crusading environmental activist, vegetarian, and lawyer who has worked with Robert Kennedy, Jr. on environment issues, Nicolette Hahn Niman blows the lid off the shocking practices in the pork, meat, and poultry industries in *Righteous Porkchop*, a *Fast Food Nation* for the hog trade. Subtitled, “Finding a Life and Good Food Beyond the Factory Farm,” *Righteous Porkchop* is at once an eye-opening grand tour of Hahn Niman’s battles with the industrial farming conglomerates, a guide to avoiding unhealthy meats, and a very personal story of one woman’s reawakening.

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